



## **TUSCANY Montecatini**

### Ideas for an incentive programme

#### **Activity #1 Florence: a Gastronomic Tour**

Transfer by private coach to Florence (50 km) for a *Gastronomic Walking Tour* starting from the food open-air market where you can taste some cheeses and the balsamic vinegar to pass then to a pastry shop for a coffee accompanied by petits fours before the aperitif based on truffled bread and Prosecco, to end with a lunch at a local wine restaurant. The participants will be accompanied by two *gourmets*. The afternoon will be free to enjoy some shopping or individual visits. In alternative, we suggest shopping the famous outlets outside Florence. Back to the hotel late in the afternoon.



#### **Activity #2 Florence: a Cooking Class**

Transfer by private coach to Florence (50 km) for a Cooking School in town. Here the participants will prepare the meal they will eat for lunch.



You can choose between two menus to be prepared by the participants:

**RENAISSANCE MENU**  
CREPES CATERINA DE' MEDICI STYLE  
DUCK IN ORANGE SAUCE  
SWEET AND SOUR ONION  
PEARS COOKED WITH WINE, WITH ZABAIONE

**FALL MENU**  
PORCINI MUSHROOMS AND VEAL LIVER WITH BUTTER AND ROSEMARY  
SFORMATO OF POLENTA WITH GORGONZOLA AND TRUFFLE  
CHICHEN "ALLA CACCIATORA" – HUNTER STYLE  
UPSIDE DOWN APPLE CAKE

The afternoon will be free to enjoy some shopping or individual visits. In alternative, we suggest shopping the famous outlets outside Florence.

Back to the hotel late in the afternoon.

#### **Activity #3 Le Cinque Terre by boat**

Transfer by private coach to Le Cinque Terre where you will board a traditional sailing board. There will be a guide onboard who will help to discover the Gulf of Poets and The Cinque Terre from a different perspective

The spectacular tour passes Portovenere and the Islands Palmaria and Tino offering marvellous views and nice moments of relax. A lunch with local specialities and wine will be served on board. There is also included a stop for swimming in an idyllic little bay. In the afternoon the tour continues.

On the way back to hotel, there is the possibility to stop and visit the caves of the white marble of Carrara and Colonnata, famous for an extraordinary food specialty: the *lardo*.

Back to the hotel late in the afternoon



#### **Activity #4 Truffle Hunting and Pisa**

Depart in the morning by private coach for your truffle hunting. You will follow the dogs looking for the gold tuber. For lunch, you will walk to a nearby trattoria, very typical Italian where you will taste a Tuscany menu.



In the afternoon, continue to Pisa where a guide will introduce you to the spectacular monuments of the *Miracles' Square*, including the *Leaning Tower*. Availability permitting, you will visit the Tower, the Cathedral and the Baptistry.

Back to the hotel early in the afternoon to enjoy some spa and relax

### **Activity #5 Pisa and Lucca**



Depart in the morning by private coach to Pisa (50 km) where a guide will introduce you to the spectacular monuments of the *Miracles' Square*, including the *Leaning Tower*. Availability permitting, you will visit the Tower, the Cathedral and the Baptistry.

At around midday, you will leave Pisa to the nearby Lucca where in a local restaurant of the centre you will have a typical lunch of the area.

Two guides will then come and meet you at the restaurant to take you to rent a bike for a different tour of Lucca: biking.

Back to the hotel early in the afternoon to enjoy some spa and relax

### **Activity #6 Lucca and Cooking Class in a Fattoria**

Depart in the morning by private coach to Lucca (29 km) where two guides will introduce this enchanting wall-town from a different perspective: biking. In fact, you will have a bike at disposal and you will follow your guide around the city.

At 10:30am, you will leave Lucca to reach a farmhouse where you will spend some hours following the theme of the food and wine.

The programme will be developed in three parts:

- 1- guided visit in the cellar and in the oil mill with tasting
- 2- cooking class: each guest will prepare fresh pasta
- 3- typical Tuscany lunch using the pasta prepared by the guests



### **Activity #7 Wine Tasting, Cooking Class and Lunch or Dinner**



Depart in the morning by private coach to a wine estate on the way to Florence (30 km), a very wellknown wine producer: here you will visit the wine cellars, taste some wine and enter a cooking class ending with a lunch or a dinner, depending if you choose to start the activity at 9:30 am or at 4 pm